

Pleasants County Schools FEBRUARY Menu REVISED

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Grab and Go Breakfasts include the same items offered in the cafeteria line at breakfast.</i></p> <p><i>For breakfast, only the entrée & fruit are listed in the menu; however, juices, milk and cereal are also served/available.</i></p>	<p><i>Chocolate, white, strawberry & vanilla milk are served at all schools for breakfast & lunch.</i></p> <p><i>*Designates made from scratch products.</i></p>		<p>1 Egg & Cheese Biscuit & Applesauce Cup</p> <p>*Chicken Fajita Wrap w/sautéed peppers & onions</p> <p>Cheddar or Co-Jack Cheese Sticks</p> <p>Fresh Garden Salad</p> <p>Banana</p>	<p>2 Super Bun & Raisins</p> <p>*Sausage Gravy on a Biscuit</p> <p>Tater Tots</p> <p>Fresh Fruit Salad</p> <p>Mango Wango Juice</p>
<p>5 Berry Loaf & Mixed Fruit</p> <p>Chicken & Cheese Quesadilla w/ Salsa & Sour Cream</p> <p>Succotash</p> <p>Garden Salad</p> <p>Peaches</p>	<p>6 Cinnamon Roll and Apple</p> <p>Ham & Bean Soup w/onions</p> <p>Cornbread</p> <p>Garden Salad</p> <p>Fresh Fruit</p>	<p>SNOW DAY</p>	<p>8 Fresh Fruit Yogurt Parfaits</p> <p>Pulled Pork on a Bun</p> <p>Tater Tots</p> <p>Coleslaw</p> <p>banana</p>	<p>9 Breakfast Bar & Banana</p> <p>Turkey Sub Sandwich w/lettuce, tomatoes, cheese, onions & pickles</p> <p>Pepper Strips Stop Light</p> <p>Sun Chips</p> <p>Apples</p>
<p>SNOW DAY</p>	<p>13 French Toast Sticks & Oranges</p> <p>*Sloppy Joes on Bun</p> <p>Sweet Potato Coins</p> <p>Buttery Corn</p> <p>Pears</p>	<p>14 Cereal, Grahams & Applesauce</p> <p>Hot Dog w/Sauce*</p> <p>Baked Beans</p> <p>Coleslaw</p> <p>Peaches</p>	<p>15 Banana Bread, Yogurt & Fr. Fruit</p> <p>Mandarin Orange Chicken</p> <p>Rice</p> <p>Steamed Broccoli</p> <p>Pineapple Chunks</p> <p>Valentine's Day Cookie</p>	<p>16 Berry Loaf & Mixed Fruit</p> <p>Meatloaf</p> <p>Mashed Potatoes & Gravy</p> <p>Green Beans</p> <p>Hot Roll w/butter</p> <p>Mandarin Oranges</p>
<p>19 Bacon, Egg & Cheese Croissant & Apple</p> <p>*Chicken & Noodles</p> <p>Copper Carrots</p> <p>Mixed Fruit</p>	<p>20 Super Doughnut & Grapes</p> <p>Hot Ham & Cheese on Bun</p> <p>Sweet Potato Fries</p> <p>Celery Sticks w/ Wow Butter</p> <p>Frozen Fruit Bar</p>	<p>21 Oatmeal w/toppings & Fr. Fruit</p> <p>Tomato Soup</p> <p>Garlic Cheese Breadstick</p> <p>Fresh Garden Salad</p> <p>Bananas & Strawberries</p>	<p>22 Cinnamon Roll & Applesauce Cup</p> <p>Chicken Nuggets w/dips</p> <p>Tater Tots</p> <p>Broccoli & Cauliflower Blend</p> <p>Pears</p>	<p>23 Piggie stick & Pears</p> <p>Cheeseburger on Bun w/lettuce, tomato, pickle</p> <p>Onion Rings</p> <p>Celery & Carrot Sticks w/Ranch</p> <p>Peaches</p>
<p>26 Blueberry Muffin, Yogurt & Cutie</p> <p>Fish Nuggets</p> <p>*Macaroni & Cheese</p> <p>Green Sweet Peas</p> <p>Mandarin Pineapple Mix</p>	<p>27 Cereal and Grahams</p> <p>Corn Dog</p> <p>California Blend Veggies</p> <p>Coleslaw</p> <p>Cherry Applesauce</p>	<p>28 Fresh Fruit and Yogurt</p> <p>Ravioli</p> <p>Garlic Breadstick</p> <p>Fresh Garden Salad</p> <p>Bananas</p>		<p><i>A salad / fruit bar is available at no additional charge to middle/high school students in addition to their meal</i></p>