




Pleasants County Schools February Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>Grab and Go Breakfasts include the same items offered in the cafeteria line</p> <p>For breakfast, only the entrée & fruit are listed in the menu; however, juices, milk and cereal are also served/available.</p> <p>*Made from scratch products.</p> | <p>Chocolate, white and strawberry milk are served at all schools</p> <p>for breakfast & lunch.</p> <p>A salad / fruit bar is available at no additional charge to middle/high school students in addition to their meal.</p> |  |  | <p>1 Super Bun & Raisins</p> <p>*Sausage Gravy on a Biscuit Tater Tots Fresh Fruit Salad Mango Wango Juice</p> |
| <p>4 Berry Loaf & Mixed Fruit</p> <p>Chicken & Cheese Quesadilla w/ salsa & sour Cream Succotash Garden Salad Peaches</p> | <p>5 Cinnamon Roll and Apple</p> <p>Meatballs w/cheese Cheesy Bread Stick Garden Salad Fresh Fruit</p> | <p>6 Piggie Stick and Yogurt</p> <p>Pulled Pork on a Bun Tater Tots Coleslaw Banana</p> | <p>7 Sausage Egg Croissant and Fresh Fruit</p> <p>*Chili w/Cheesy Breadstick Carrot & Celery Sticks w/ranch dip Pear Halves</p> | <p>8 Breakfast Bar & Banana</p> <p>Turkey Sub Sandwich w/lettuce, tomatoes, cheese, onions & pickles Pepper Strips Stop Light Sun Chips Apples</p> |
| <p>11 French Toast Sticks & Oranges</p> <p>*Sloppy Joes on Bun Sweet Potato Coins Buttery Corn Pears</p> | <p>12 Cereal, Grahams & Applesauce</p> <p>Hot Dog w/Sauce* Baked Beans Coleslaw Peaches</p> | <p>13 Banana Bread, Yogurt and Fresh Fruit</p> <p>Mandarin Orange Chicken Rice Steamed Broccoli Pineapple Chunks Valentine's Day Cookie</p> | <p>14 Chocolate Bread and Banana</p> <p>Meatloaf Mashed Potatoes & Gravy Green Beans Hot Roll w/butter Mandarin Oranges</p> | <p>15 Berry Loaf & Mixed Fruit</p> <p>Taco Salad w/chips, salsa, sour cream, lettuce, tomato, cheese Corn Pineapple Chunks Churro</p> |
| <p>18 Bacon, Egg & Cheese Croissant & Apple</p> <p>*Chicken & Noodles Copper Carrots Mixed Fruit Cookie</p> | <p>19 Super Doughnut & Grapes</p> <p>Hot Ham & Cheese on Bun Sweet Potato Fries Celery Sticks w/ Wow Butter Frozen Fruit Bar</p> | <p>20 Bagel w/cream cheese and Fresh Fruit</p> <p>Eggs, Bacon and Hash Browns Biscuit Bananas & Strawberries Wango Mango Juice</p> | <p>21 Cinnamon Roll & Applesauce Cup</p> <p>Chicken Nuggets w/dips Tater Tots Broccoli & Cauliflower Blend Pears</p> | <p>22 Piggie Stick & Pears</p> <p>Cheeseburger on Bun w/lettuce, tomato, pickle Onion Rings Celery & Carrot Sticks w/Ranch Peaches</p> |
| <p>25 Blueberry Muffin, Yogurt & Cutie</p> <p>Fish Nuggets *Macaroni & Cheese Green Sweet Peas Mandarin Pineapple Mix</p> | <p>26 Cereal, Grahams, and Fresh Fruit</p> <p>Corn Dog California Blend Veggies Coleslaw Cherry Applesauce</p> | <p>27 Pancakes, Fresh Fruit and Yogurt</p> <p>Ravioli Garlic Breadstick Fresh Garden Salad Bananas</p> | <p>28 Egg & Cheese Biscuit & Applesauce Cup</p> <p>*Chicken Fajita Wrap w/sautéed peppers & onions Cheddar or Co-Jack Fresh Garden Salad Banana</p> |  |