


Pleasants County Schools January Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Grab and Go Breakfasts include the same items offered in the cafeteria line</p> <p>For breakfast, only the entrée & fruit are listed in the menu; however, juices, milk and cereal are also served/available.</p> <p style="text-align: center;">*Made from scratch products.</p>	<p>Chocolate, white and strawberry milk are served at all schools for breakfast & lunch.</p> <p>A salad / fruit bar is available at no additional charge to middle/high school students in addition to their meal.</p>		<p>3 Bagel w/cream cheese & Oranges</p> <p>Pork Rib Patty on Bun w/pickles & onion slices Potato Wedges Coleslaw Applesauce</p>	<p>4 Cocoa Bread & Fresh Fruit</p> <p>Piggie Sticks w/syrup Hash Browns Dragon Punch Juice or V8 Yogurt w/toppings Pears</p>
<p>7 Egg & Cheese Omelet & Orange Cuties</p> <p>*Sloppy Joe on Bun Sweet Potato Fries Fresh Broccoli w/ranch Pineapple Tidbits</p>	<p>8 Banana Bread, Yogurt & Mixed Fruit</p> <p>*Pepperoni Rolls Tossed Salad Mozzarella Cheese Stick Peaches</p>	<p>9 Breakfast Pizza or Bagel & Apple</p> <p>Fish Sandwich on Bun Green Beans Coleslaw Mixed Fruit</p>	<p>10 Bacon, Egg & Cheese Croissant & Fresh Fruit</p> <p>Chicken Patty on Bun w/lettuce, tomato, pickles, onions Au Gratin Potatoes Lima Beans Fresh Apple</p>	<p>11 Breakfast Bar & Pineapple</p> <p>Stuffed Crust Pizza Fresh Garden Salad Buttered Corn *Mandarin Fluff</p>
<p>14 Banana Bread & Pineapple</p> <p>*Chicken & Noodles Carrots and Peas Mixed Fruit Oatmeal Raisin Cookie</p>	<p>15 Super Bun & Raisins</p> <p>*Sausage Gravy on a Biscuit Tater Tots Fresh Fruit Salad Mango Wango Juice</p>	<p>16 Egg & Cheese Biscuit & Applesauce Cup</p> <p>*Chicken Fajita Wrap w/sautéed peppers & onions Cheddar or Co-Jack Cheese Sticks Fresh Garden Salad Grapes</p>	<p>17 Cereal, Grahams & Pears</p> <p>Salisbury Steak Mashed Potatoes w/gravy Green Beans Millie's Wheat Roll w/butter Orange Wedges</p>	<p>18 Berry Loaf & Mixed Fruit</p> <p>Chicken & Cheese Quesadilla Salsa Succotash Spinach Salad Peaches</p>
<p>21</p> <p style="text-align: center;"><i>No School MLK Day Promote Justice, Equality & Service</i></p>	<p>22 Breakfast Pizza w/Fresh Fruit</p> <p>Ham & Cheese on Bun Sweet Potato Bites Fresh Veggies w/ranch Cherry Applesauce</p>	<p>23 Cinnamon Roll and Fresh Fruit</p> <p>*Taco Salad or Taco in a Bag (beef, lettuce, tomatoes, refried beans, cheddar cheese & salsa) Corn Chips Pineapple Tidbits Raspberry or Apple Churro</p>	<p>24 Bagel w/cream cheese & Fruit</p> <p>Chicken Nuggets w/dips Tater Tots Buttered Peas Pears</p>	<p>25 Breakfast Bar & Applesauce</p> <p>Bacon Cheeseburger on Bun w/pickles Onion Rings Carrot & Celery Sticks w/ranch Peaches</p>
<p>28 Egg & Cheese Wrap & Apple</p> <p>Fish Sticks/Nuggets w/tartar sauce *Macaroni & Cheese Steamed Broccoli Mandarin Oranges</p>	<p>29 Cereal, Grahams & Peaches</p> <p>Corn Dog California Blend Veggies Sun Chips Strawberry Applesauce</p>	<p>30 Super Donut & Apple</p> <p>Lasagna Rolls Garlic Breadstick Fresh Garden Salad Mixed Fruit</p>	<p>31 Cinnamon Roll & Grapes</p> <p>Hot Dog w/Sauce and Bun Baked Beans Carrot & Celery Sticks w/ranch Fruited Jello</p>	<p>Resolutions</p> 