


Pleasants County Schools March Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>Grab and Go Breakfasts include the same items offered in the cafeteria line</p> <p>For breakfast, only the entrée & fruit are listed in the menu; however, juices, milk and cereal are also served/available.</p> <p>*Made from scratch products.</p> | <p>Chocolate, white and strawberry milk are served at all schools for breakfast & lunch.</p> <p>A salad / fruit bar is available at no additional charge to middle/high school students in addition to their meal.</p> |  | | <p>1 Breakfast Bar and Fresh Fruit</p> <p>Pizza Salad Corn Fruit</p> |
| <p>4 Super Donut and Fruit Cup</p> <p>Pulled Pork Sweet Potato Tater Tots Cole Slaw Pears</p> | <p>5 Pancakes and Fresh Fruit</p> <p>Taco Salad w/lettuce/tomato/cheese Chips, Salsa Corn Churro Pineapple</p> | <p>6 Cinnamon Roll & Applesauce Cup Chicken Nuggets w/ Dip Tater Tots California Blend Mandarin Oranges</p> | <p>7 Yogurt & Fruit, Banana Bread</p> <p>Meatballs w/cheese Garlic Breadsticks Garden Salad or Veggies Apples</p> | <p>8 Egg & Cheese Croissant & Raisins</p> <p>Fish Sandwich w/ lettuce, pickles and cheese Onion Rings Carrots and Celery, w/ Ranch or Wow Butter Pears</p> |
| <p>11 Waffle Snacks & Mandarin Orange Cup Corn Dog California Blend Coleslaw Cherry Applesauce</p> | <p>12 Piggie Sticks & Pears Cups</p> <p>Cheeseburger on Bun w/ lettuce, tomato and pickle Onion Rings Carrots and Celery w/ Ranch Peaches</p> | <p>13 Bacon, Egg & Cheese Croissant & Fresh Fruit Chicken-n-Noodles Copper Carrots Mixed Fruit</p> | <p>14 Breakfast Bar or Pop Tart & Fresh Fruit Chicken Fajita Wrap w/tomato, salsa, sour cream Refried Beans w/ Cheddar Johnny Pop</p> | <p>15 Blueberry Muffin, Yogurt & Cutie Fish Nuggets Crinkle Cut Fries Green Sweet Peas Mandarin Pineapple Mix</p> |
| <p>18 Chicken or Egg Biscuit, Fresh Fruit Club Sandwich Ham, Turkey, Cheese, Bacon, lettuce and tomato Dill Pickle Spear Sun Chips</p> | <p>19 Cereal, Grahams & Applesauce</p> <p>Hot Dogs w /Sauce* Baked Beans Carrots & Celery Sticks w/ Ranch Applesauce</p> | <p>20 Oatmeal & Raisin Bar, Peach Cup Cheese Quesadilla w/ Salsa and Sour Cream Corn Peaches Apple or Raspberry Churro</p> | <p>21 Cinnamon Roll & Applesauce Cup</p> <p>Salisbury Steak Mashed Potatoes w/ Gravy Green Beans Millie's Roll w/ Butter Mixed Fruit</p> | <p>22 Berry Loaf and Mixed Fruit</p> <p>*Pizza Fresh Garden Salad Sidekicks Fruit Smoothies Fresh Fruit</p> |
| <p>25 Egg & Cheese Croissant, Apple</p> <p>*Meatball Sub Sandwich w/ Mozzarella Cheese *Caesar Salad Pears</p> | <p>26 Super Doughnut & Grapes</p> <p>Chicken Teriyaki Rice Broccoli Pineapple Slice</p> | <p>27 Berry Loaf & Mixed Fruit</p> <p>Home Style Chicken Scalloped Potatoes Green Peas Apples</p> | <p>28 Super Bun & Apple</p> <p>Pork Rib Patty on a Bun Tater Tots Coleslaw Frozen Strawberry Cup</p> | <p>29 Chocolate Bread and Raisins</p> <p>Egg Omelet Croissant Hash Browns Grapes Wango Mangp</p> |